



shop talk

issue 15 • winter/spring 2010

Happy Anniversary!

Four years and growing strong. We realize, as we enter our fifth year, that you, our customers are what make Yarns & Fabrications the great yarn store it is. We rely on you to give us inspiration, encouragement and support. Thank you! We appreciate your business and look forward to another fabulous year.

A Touch of Yarn

A scarf, hat, sweater, or any other knitted/crocheted project has one thing in common: every fiber, every stitch is not just a touch of yarn, but a touch of love, of friendship, of caring. As we work on our projects we feel the peace that creating brings and hope this peace is carried on to the recipient... even if it is ourselves!

Sweaters, Sweaters, Everywhere

I don't know if you have noticed, but you cannot go into any clothing stores these days, look at any magazine and not see what we know is true: sweaters not only warm the body, they look great too! If you have not knitted a sweater yet, what are you waiting for? Let us help you find the perfect project in the perfect yarn, at the perfect price. Need help? We're here for you! Check out our list of class offerings and knit-a-longs – there's something for everyone!

Knitting is the New Yoga

www.suite101.com has an interesting perspective on our craft:

It is an extremely small group of people that does not have a to-do list every single day. Stress kills. Knitting is an opportunity to temporarily step out of life and focus on "something else." Knitters often feel as though they have been given an extension of time because their non-knitting time is more productive when they come back to it.

Every stitch is part of something bigger. Each added stitch brings you closer to a finished product. Almost nothing can be created without parts smaller than itself. It's hard not to think of the item's recipient while knitting, and knitters say that each stitch is like saying a prayer for, or meditating on, the recipient. How freeing it is to stop thinking about problems, and hand yourself over to a couple of hours of peace and quiet. Meditation can do wonders for a burned-out mind.

Of course, in the end, the knitter is making something - a product. But to arrive there, one must first learn the craft, and then devote considerable time to its practice. This takes both mental and physical development, very nearly like yoga. Knitting keeps the mind open but working, and the hands moving and making. It can also aid in making friends, and provide the knitter with a whole new group of social contacts. Finally, lower stress levels lead to a healthier life.

In the end, each individual has to decide if knitting is for her. Millions of people can't be all wrong. Give it a try – then, share the needle arts with someone in your life, and begin to gather all the benefits associated with the "new yoga."

Just a reminder...

In addition to here, in the newsletter, the highlights of our class policy are listed on each materials list you receive when you sign up for a class. Full payment is required for all classes at the time of registration. Our classes fill up and we require payment in order to secure a spot. Without exception, cancellations must be made at least 7 days prior to a class in order to receive a refund for store credit. See below for additional policies. Thanks for your understanding!

Class Policies

Full payment is required when registering for all classes in order to reserve a spot.

We will only accept cancellations up to 7 days prior to class for a refund in the form of a store credit. Refunds will only be given in store credit.

Sign up sheets for classes are in binders at the shop. You may register by phone or in person. If registering by phone, a credit card must be used immediately to reserve space in class.

Cancellations based on attendance are up to the discretion of the teacher. If possible, we will reschedule and will notify you as soon as we are aware. Store credit will be given if necessary.

If there's a class or technique you'd like offered that is not in our newsletter, please let us know. We'll do our best to accommodate your needs.

Each class has a required materials list, available when you register for the class.

Patterns, books and materials are not included in the cost of the class unless otherwise stated.

A 10% discount will be given to registered students purchasing materials required for a specific class.

All information in this newsletter is believed to be accurate. Classes may change without notice or due to weather conditions. Please call 513-755-0155 with any questions.

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Shop Hours:
Monday – Thursday: 10 – 7
Friday & Saturday: 10 – 5

KNITTING • CROCHETING

Private Knit or Crochet Lessons

Various Instructors

By appointment

Cost: \$20 per hour

Our instructors teach what you want to learn.

Flexible times to fit your schedule. Start with the basics, get help with your project, or learn one of many techniques for knitting and crochet.

Finishing 101 Private Lesson

Instructor: Wendy Williams

By appointment

Cost: \$20 per hour

Need help finishing your project? Let Wendy teach you how to finish your project or garment. Learn to block, sew and graft your pieces together like a pro.

YOU Create a Class

Cost: Determined by class

We can create a class for any project or technique you want to learn. Or would you like to take one of our classes on a different date or time? Get at least three people together and we'll get a class set up for you. Time and dates are very flexible. What are you waiting for? Just let us know and we'll make it happen for you. It only takes three to make a class, but if you can get three friends, plus yourself (four total), we'll take 50% off the cost of your class for getting them all together!

WE Create a Class

Cost: Determined by class

Would you like to learn a technique or project, but don't know others who want to? Talk to us, we'll post a special note in the store to see if there are others who are also interested. Together we'll see if we can "create a class".

Ladies Night Out

All skill levels welcome!

Fridays, 6 – 9

Jan 8th, Feb 12th, Mar 12th & Apr 9th

Cost: \$10 (includes food, beverages & fun)

Come join us for our own Friday Night Knit Club. Start a new project in the midst of friends or work on that "back of the closet" unfinished project. Space on the comfy couch is limited so sign up early. Pre-registration STRONGLY recommended. Also, watch your email for special Ladies Night Out's with giveaways or Bingo!

Basic Knitting

Instructor: Wendy Williams

Mondays, Jan 11th & 18th, 1:30 – 2:30 OR

Mondays, Feb 15th & 22th, 6 – 7 OR

Tuesdays, Mar 9th & 16th, 1 – 2 OR

Wednesdays, Apr 14th & 21st, 6 – 7

Cost: \$20 per session

No prior knitting knowledge required. Learn how to do the basic steps such as Cast On, Knit, Purl and Bind Off. You'll make a swatch that can be incorporated into any project, from scarves to sweaters. Age 10 minimum.

Continental Knitting

Instructor: Tobie Podvin

Monday, Jan 11th, 6 – 8 OR

Monday, Feb 15th, 12 – 2 OR

Monday, Mar 15th, 6 – 8 OR

Monday, Apr 19th, 12 – 2

Cost: \$20 each session

Learn to knit the Continental method.

Continental style knitters hold the yarn in the left hand, which allows the knitter to simply scoop, or "pick", the yarn with the right needle. One benefit to this style of knitting is the efficiency of movement between knit and purl stitches.

Needle Felting

Instructor: Esther Bechler

Saturday, Jan 30th, 12:30 – 3:30 OR

Saturday, Mar 27th, 12:30 – 3:30

Cost: \$25

This class is great to learn the basics of needle felting. Learn the technique on a knitted sample. Esther will show a variety of needle felted items and teach you how to create your own designs and one-of-a-kind items. Maybe even decorate a special project for Valentine's Day or Easter.

Help Me!

Instructor: Wendy Williams

Tuesdays, 7 – 7:30 OR

Wednesdays, 12 – 12:30

Cost: Free

If you're stuck or confused on your project, we're offering this time to help with problems or questions. We pride ourselves on helping you, but sometimes, as much as we want to, we can't dedicate the time needed to help you while we're attending to our wonderful customers. This special time has been set up to help you at no cost get those answers you need.

Tychus Hat

Instructor: Brooke T. Higgins

Thursday, Jan 14th, 6 – 8

Cost: \$20

This hat is great for men, women, and kids. The Tychus is an original design by Brooke. Let her show you how it's done. In any color, this hat is a one of a kind and sure to be loved by everyone.

Love & Laughter Movie Night

Instructors: Joy Murray & Chris Burkett

Wednesdays,

Jan 27th, Feb 24th, Mar 31st, Apr 28th, 6:30 – 9

Cost: Cost of the yarn from Y&F

Join us to make a comfy afghan for you or a loved one. Bring your own pattern or we will provide one for you. Knit or crochet away while you watch a Romance or Comedy. Purchasing one skein of yarn a month makes this an affordable and enjoyable long-term project.

Sock Club

Instructor: Brooke T. Higgins

1st & 3rd Saturdays, 10 – 1 OR

1st Saturday, 1:30 – 4:30, for those new to the sock world

Cost: \$25 first session, \$5 each session after You've learned the basics of sock making, now join other sock fiends for fun, sharing, and learning. Brooke's always glad to help you with new patterns or techniques. This class is lots of fun and one of our most popular! Because of the overwhelming response to the Sock Club, we are adding a second session on the first Saturday of each month at 1:30. This session may be best for those who have just finished their sock class or are just learning to make socks.

Easy Lace Scarf

Instructor: Donna Maupin

Saturday, Mar 13th, 1 – 3

Cost: \$20

Knitting lace can be easy, but everyone you know will be impressed. The finished scarf will be a great addition to your spring wardrobe.

"What a Purse!"

Instructor: Margaret Chambers

Saturdays, Apr 17th & 24th, 1 – 3

Cost: \$35

Create your own one-of-a-kind purse. Margaret will show you how much fun it is to make this free-form. Start with a frame, add as many colors and types of yarns as you dare, change the designs, the choices are all yours!

Cheap Thrills... *Check out our free classes and fun Knit-Alongs!*

Beaded Scarf

Instructor: Brooke T. Higgins
Saturday, Jan 16th, 1:30 – 3:30 OR
Tuesday, Mar 2nd, 6 – 8
Cost: \$20

Back by popular demand! Learn how easy it can be to create this scalloped beaded scarf. As long as you know the basics of knitting, you can make this fantastic project. Some of our previous students have already made additional scarves!

Felted Clogs

Instructor: Brooke T. Higgins
Saturday, Jan 23rd, 10 – 1
Cost: \$25

This is a perfect winter project and a good introduction to felting yarn. Clogs are great to wear around the house or the office. Use the same technique to make clogs of all sizes for everyone in the family.

Knitted Boot

Instructor: Chris Burkett
Wednesdays, Jan 20th & Feb 3rd, 6 – 7:30
Cost: \$25

This boot is great for all ages. Buttons are a nice accent whether you choose to wear the top up or turned down for a shorter look. You can add a suede sole for a sturdier bottom. No matter what look you choose, these knitted boots are a plus for everybody!

Easy Socks

Instructor: Brooke T. Higgins
Thursdays, Jan 21st & 28th, 6 – 9 OR
Wednesdays, Feb 10th & 17th, 6 – 9 OR
Mondays, Mar 22nd & 29th, 6 – 9 OR
Mondays, Apr 19th & 26th, 6 – 9
Cost: \$40

Join this sock class to learn to make socks to wear or make giant ones to use as decorations for the holidays. The techniques are the same. Brooke teaches many techniques such as double-pointed needles, two circulars, Magic loop, or even toe-up with your choice of fingering or worsted weight yarn. Once you learn, join our Saturday Sock Club. Brooke always has something special going on for the “clubbers.” The club is so popular, we’ve added a second session at 1:30 on the first Saturday of each month, which is perfect once you have taken this class.

Easy Socks Note: *If you have had a previous class with Brooke need a refresher or help finishing, come to this class for no charge, just sign up so she knows to expect you.*

Neck-Down Sweater

Instructor: Wendy Williams
Saturday, Jan 23rd, 1:30 – 3:30
Cost: \$20

Great class for your first sweater. Wendy has selected a Knitting Pure & Simple t-shirt style pattern to get you started. Join the Sweater Club after this class to learn all aspects of completing this and other sweaters which are sure to follow.

It's a Guy Thing

Instructor: Wendy Williams
Monday, Jan 18th, 6 – 8
Cost: \$20

Knit your favorite fella this classic sweater. Regardless of his age and size, the pattern used in this class has him “covered.” Join the Sweater Club after this class to learn all aspects of completing this and other sweaters which are sure to follow.

Fair Isle Mittens

Instructor: Brooke Higgins
Tuesdays, Jan 12th & 19th, 6 – 9 OR
Saturdays, Feb 13th & 20th, 1:30 – 4:30
Cost: \$40

Step up to the technique of Fair Isle, or stranded knitting. The colorwork created by this technique is so interesting you’ll love it!

Lace Moebius Scarf

Instructor: Donna Maupin
Saturday, Apr 10th, 1 – 4
Cost: \$25

Let Donna unlock the mystery of the mobius scarf. The key is the cast-on. Once you’ve cast-on and knit the fabulous lace pattern, you will have one very different and beautiful scarf.

Sweater Club

Instructor: Wendy Williams
Saturdays,
Jan 30th, Feb 27th, Mar 27th, Apr 24th, 10 – 12
Cost: \$25 first session, \$5 each session after
Love making sweaters, or ready to move up to sweaters? Join Wendy and a great group of knitters for learning, sharing, fun and friendship.

KNIT-ALONGS

Sit & Knit

Fridays, 12 – 3
Cost: Free

Bring your current project or we’ll help you select a new one. Bring some friends, or make new ones as you sit and knit in our comfy lounge. There’s always something going on that makes getting together at Y&F fun.

Y & F Book Club

Various Instructors
Tuesdays, 6 – 7:30, dates TBD by the group
Cost: Cost of the yarn from Y&F
Combine your loves of yarn and books. Join this group at any time. Discuss the chosen book, your current yarn project, and enjoy the company.

Cuddly Caps & Angel Blankets




Wednesdays, 10 – 12

Cost: Free

Join Chris Burkett and others to work on Cuddly Caps for newborns and hospitalized babies. Small blankets for Angels can also be made. We will forward these gifts from our hearts to local hospital nurseries. Let us help you select some soft, yet economical yarns for these projects.

Skill Scale

In order to ensure you won't be totally baffled or bored, we have rated each class in order of difficulty.

-  **Intro or Beginner**
-  **Intro-Intermediate**
-  **Intermediate**

