

Super Summer Sale Special

Just when you need it, you will be able to save up to 20% off ALL of your summer yarn purchases! During the month of May, spend a total of \$200 on regular priced items and receive 10% off EVERY regular priced purchase in June, July, AND August! Increase that to \$250, and increase the discount to 15% off EVERY regular priced summer purchase. Even better than that is to spend \$300 on regular priced merchandise in May, and receive 20% off all regular priced yarns, books, patterns, notions, etc, etc, etc for all of June, July, and August. Save your May receipts, when you reach the totals of regular priced items listed above, we will issue a personalized card to be used with each of your summer purchases. Please understand this card is non-transferable and you will be asked to show some form of ID at the time of use.

Cool Classes

Let's face it, we always have really cool classes (and instructors.) Our Sock Club with Brooke is always filled to the brim, Wendy's Sweater Club is up, running, and growing. Margaret always finds such awesome patterns to teach, and Tobie is always available to teach Continental knitting and share her knowledge. We have such a great group of teachers, and this session, Zoey is going to jump in, teaching you to embrace the cable! This summer, when the heat and humidity gets to you, think of us, and chill with our cool classes.

Knitting for Peace

The world can be a worrisome place. We, as Americans have always reached out the help others. If you would like to start, or join a group to make Bears to snuggle, or Afghans for Afghans, work on Warm Up America Squares, helmet liners for our troops, or Chemo Caps for those affected by cancer, call us. We would love to get together and Knit/Crochet for Peace. The book, *Knitting for Peace* is filled with ideas to help us help the world, one stitch at a time. We have it available at the shop.

Your Special Day

If you are a Mom, know a Mom, or love a Mom, this day is for you! Join us Saturday, May 9th for a decadent day of delight. The order of the day will be relax, knit (or crochet), repeat. Snacks and lunch will be included, as well as all materials necessary to make some relaxing little treats just for you. This special day will be limited to the first special women to sign up.

Christmas is Coming

Let us help you have a happy Christmas, with less stress and much less expense. How about making unique scarves, hats, or mittens for your family and friends? The cost of a scarf can be anywhere from \$6 to \$30, hats and mittens can be even less. Need Stockings? You can't beat making them for under \$10, and being heirloom quality.

We have classes available if you want to learn these skills that last a lifetime. We also have time set aside to work on holiday projects. In this stressful time of life, wouldn't it be nice to do something to help you make the holidays be about what they were meant to be? Look for information on our Christmas Club inside.

We Appreciate Your Business!

We know there are many options out there to purchase your yarn. A better deal may be found online, but we strive to offer you beautiful yarns at a fair price, great friendly service, and help when you need it. Come see us. We appreciate your business.

We're Still Growing

As most of you know, we now stock Plymouth Yarn, Louet, Fleece Artist and a large stock of yummy sock yarns. We recently have added Farmhouse Yarns, and will continue to bring in select wonderful fibers as we find them. We have also added Lantern Moon, Inox and KA Bamboo needles. Our book and pattern inventory has doubled since our move. If you haven't already, come check us out!

From prlog.org

There's new, scientific proof showing knitting, crochet and other repetitive needlework provide many health benefits. Studies found that rhythmic repetitive acts help prevent and manage stress, pain and depression, which in turn strengthens the body's immune system.

Stress can worsen most medical conditions and is known to be a contributing factor in heart disease, depression and other chronic illness. In our increasingly stressful lives, doctors are advising people to manage stress as part of overall health. Knitting, crochet and other needlework have been found to be an effective way for people to manage stress and depression, and have been especially useful for those in long-term pain management. Pain specialists explain that the action of knitting actually changes brain chemistry, decreasing stress hormones and increasing feel-good serotonin and dopamine.

Knitting and crochet have a calming effect overall which can help manage anxiety and may even help conditions such as asthma or panic attacks. Additionally, the repetitive movements have been shown to help manage disruptive behavior and ADHD in children as well as being found to help with memory. So, now you have medical proof that knitting improves your life.

7967 Cincinnati-Dayton Road, in Lakota Plaza
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www.yarnsandfabrications.com

Shop Hours: Monday – Thursday: 10 – 7 • Friday & Saturday: 10 – 5
In order to spend time with our families, we will be closed July 4th.

KNITTING • CROCHETING

Private Knit or Crochet Lessons

Various Instructors

By appointment

Cost: \$20 per hour

Our instructors will teach what you want to learn. No prior knitting or crochet knowledge required. Private lessons have the flexibility to fit into your schedule.

Finishing 101 Private Lesson

Instructor: Wendy Williams

By appointment

Cost: \$20 per hour

Need help finishing your project? Let Wendy teach you how to finish your project or garment. Learn to block, sew and graft your pieces together like a pro.

Create a Class

Cost: Determined by class

We can create a class for any project or technique you want to learn. Get at least three people together and we'll get an instructor for you. Time and dates are very flexible. What are you waiting for? Just contact us, we'll make it happen for you.

Ladies Night Out

All skill levels welcome!

Fridays, 6 – 9

May 8th, Jun 12th, Jul 10th & Aug 14th
Cost: \$10 (includes food, beverages & fun)
Come join us for our own Friday Night Knit Club. Start a new project in the midst of friends or work on that "back of the closet" unfinished project. Space on the comfy couch is limited so sign up early. Pre-registration STRONGLY recommended so we have enough of that homemade (mostly) food.

Kid's Kamp

Instructor: Wendy Williams

Jun 22nd – 26th, 12:30 – 2:30 OR

Aug 3rd – 7th, 10 – 12

Cost: \$75, includes all supplies

This week will be fun-filled. The kids will make their own needles, and dye their own yarn! Other great projects will use yarn in different ways. Celebrate these newly acquired skills with an ice cream party on Friday. Age 10 minimum.

Basic Knitting

Instructor: Wendy Williams

Tuesdays, May 5th & 12th, 1:30 – 2:30 OR

Wednesdays, Jun 10th & 17th, 6 – 7 OR

Thursdays, Jul 23rd & 30th, 6 – 7 OR

Mondays, Aug 17th & 24th, 6 – 7

Cost: \$20 per session

No prior knitting knowledge required. Learn how to do the basic steps such as Cast On, Knit, Purl and Bind Off. You'll make a swatch that can be incorporated into any project, from scarves to sweaters. Age 10 minimum.

Basic Crochet

Various Instructors

Mondays, May 4th, Jun 1st, Jul 6th, Aug 3rd, 2 – 4

Mondays, May 11th, Jun 8th, Jul 13th, Aug 10th, 6 – 8

Cost: \$20 each session

No prior crochet knowledge required. Learn how to do the basic steps such as chain, crochet and double crochet. You'll make a swatch that can be the start of a great scarf, or ask your instructor to suggest a project. Age 10 minimum.

Continental Knitting

Instructor: Tobie Podvin

Tuesdays, May 26th, Jun 30th, Jul 28th, Aug 25th, 6 – 8

Cost: \$20 each session

Learn to knit the Continental method.

Continental style knitters hold the yarn in the left hand, which allows the knitter to simply scoop, or "pick", the yarn with the right needle. One benefit to this style of knitting is the efficiency of movement between knit and purl stitches.

Embellishment for Felted Projects

Instructor: Esther Bechler

Saturday, May 30th, 1 – 4

Cost: \$24

No experience necessary! Get your felted project made and ready to go. Esther will show you how to add special embellishments with needle felting to a bag, hat, or any felted project of your choice.

Needle Felted Christmas Pin

Instructor: Esther Bechler

Saturday, Jul 11th, 1 – 4 OR

Wednesday, Jul 15th, 6 – 9

Cost: \$25

Want to learn to needle felt, or know how already? Either way, you'll enjoy Esther's class and make a cute pin to wear for the holiday season. This pin could also be an ornament.

Needle Felted Christmas Ornament

Instructor: Esther Bechler

Saturday, Aug 8th, 1 – 4

Cost: \$25

Join Esther for an opportunity to make a one-of-a-kind Christmas ornament. Great for the beginner or the experienced. Once you know how, you'll be making ornaments for all your family and friends.

This is Your Day!

Various Instructors

Saturday, May 9th, 10 – 3

Cost: \$50

Knit, relax, repeat; the theme of this day! Join us as we pamper you with treats, simple projects and lunch. Cost will include everything – be ready for a day just for you! Limited to 8 special women.

Beyond The Basics

Instructor: Wendy Williams

Monday, May 4th, 6 – 8 OR

Monday, Jul 6th, 6 – 8

Cost: \$20

You know how to knit and purl, now let Wendy take you to the next step. Learn how to increase, decrease, read a pattern, and understand knitting "lingo". After this class, you'll be confident and ready to jump into that project you didn't think you could do. Get stuck once you've started? Wendy is always available for follow up questions anytime she is at the shop. (Isn't she GREAT!!)

Mystery Afghan & Movie

Instructors: Joy Murray & Chris Burkett

Wednesdays,

May 27th, Jun 24th, Jul 29th, Aug 26th, 6:30 – 9

Cost: Cost of the mystery yarn only

Make a classic or funky afghan while you watch a movie. Two mysteries each month: the reveal of the featured yarn and the mystery movie of the night. This is an ongoing series, work at your own pace. The main goal is to work on a snuggly afghan, make new friends, and end up with a long list of great (and not so great) movies!

Sock Club

Instructor: Brooke T. Higgins

1st & 3rd Saturdays, 10 – 1, (no club Jul 4th)

Cost: \$25 first session, \$5 each session after

If knitting socks is on your list of favorite things to do, come in and join Brooke and other sock fiends. Learn a new technique or get some help with your favorite sock pattern. All skill levels welcome.

Cheap Thrills... *Check out our free classes and fun Knit-Alongs!*

Felted Blooming Zig Zag Bag

Instructor: Margaret Chambers
Saturdays, Aug 22nd & 29th, 1 – 4
Cost: \$40

Margaret brings us another fun bag. If you've been looking for a bag with a different design try this one, you'll like it!

Fun or Funny! Hat

Instructor: Wendy Williams
Saturday, Jul 11th, 12 – 2
Cost: \$20

Get started on a fun winter hat. Christmas in July is the time to learn to knit in the round and make a "point" with this hat. It can be a Santa hat, a jester hat, or choose to make it fun with bright colors.

Neck Down T-Shirt

Instructor: Wendy Williams
Thursdays, May 14th, 21st & 28th, 6 – 8
Cost: \$40

Put away the winter sweaters. This classic top is just right for the warmer seasons. If you know how to knit, let Wendy show you how to add to your wardrobe!

School Spirit Night

Various Instructors
Mason Night: Thursday, Aug 6th, 6 – 8
All Schools Night: Thursday, Aug 13th, 6 – 8
Lakota Night: Thursday, Aug 20th, 6 – 8
Cost: \$20

Get the school spirit! We'll feature school colors and have project ideas for you. Show your spirit, join the gang, and make your students smile when they show off what you've made especially just for them. GO TEAM!

Cabled Shrug

Instructor: Zoey Ferguson
Saturdays, Jun 13th & 27th, 1 – 3
Cost: \$35

Have you wanted to learn the technique of cables? Let Zoey unlock the secret with this summer shrug. Start with simple cables and before you know it, the mystery will be solved!

Knitted Christmas Stocking

Instructor: Brooke T. Higgins
Saturdays, Jul 18th & 25th, 1:30 – 4:30
Cost: \$40

It's Christmas in July! Time to get started on your holiday list. Make it for you or a special person in your life. They'll treasure this gift year after year.

Felted Christmas Stocking

Instructor: Brooke T. Higgins
Tuesdays, Aug 11th & 18th, 6 – 9
Cost: \$40

Create "oohs" and "aahs" when your stocking is hung during the holiday season. This special project will bring joy to all.

Easy Socks

Instructor: Brooke T. Higgins
Wednesdays, May 13th & 20th, 6 – 9 OR
Mondays, Jun 15th & 22nd, 6 – 9
Cost: \$40

Join the sock craze! We'll show you how it's done. Learn to use double-pointed needles, two circulars, Magic loop, or toe-up techniques with your choice of fingering or worsted weight yarn. Once you learn, join our fun sock club.

Sweater Club

Instructor: Wendy Williams
Saturdays,
May 30th, Jun 13th, Jul 11th, Aug 29th, 10 – 12
Cost: \$25 first session, \$5 each session after
Love making sweaters, or ready to move up to sweaters? Join Wendy and a great group of knitters for learning, sharing, fun and friendship.

Bar Harbor Shell Bag

Instructor: Margaret Chambers
Saturdays, May 2nd & 16th, 1 – 4
Cost: \$40

Let Margaret unlock the mystery of the shell! Colors come alive with this bag. Once you've made it, you'll crave more from this designer.

Entrelac Vest

Instructor: Margaret Chambers
Wednesdays,
Jul 8th & 22nd & Aug 5th & 19th, 6 – 8
Cost: \$50

There's a lot to learn in this class of techniques. Let Margaret teach you the Entrelac technique, as well as backwards knitting, piecing, measuring and finishing for garments.

Skill Scale

In order to ensure you won't be totally baffled or bored, we have rated each class in order of difficulty.

 **Intro or Beginner**

 **Intro-Intermediate**

 **Intermediate**

KNIT-ALONGS!!

Sit & Knit

Fridays, 11 – 2
Cost: Free

Bring your current project or we'll help you select a new one. Bring some friends or make new ones as you sit and knit in our comfy lounge. There's always something going at Y & F.

Christmas Club

Saturdays, Aug 8th & 22nd, 10 – 12
Cost: Free

Set aside time to work on your holiday projects. Start now and be done by November so you can relax and enjoy this holiday season. Bring your projects, meet friends and spend time in our enjoyable atmosphere knitting and crocheting those holiday gifts. Save money AND make this a special, relaxing holiday season.

Great American Afghan Gang

Instructors: Wendy Williams & Zoey Ferguson
Tuesday, Aug 4th, 6 – 8
Saturday, Aug 15th, 2 – 4
Cost: Cost of yarn purchased at Y & F

& Great American Afghan booklet
Love our Great American Afghan? Join our knit-along for an afghan that's sure to become a family heirloom. Meet in the lounge and get started! We'll be happy to help you select yarn.

Baby Bottoms

Thursdays,
May 7th, Jun 4th, Jul 2nd, Aug 6th, 1 – 3
Let's think green, absorbable and just plain cute! This time is set aside for new Mom's or Grandmom's who want to share their knitting experiences and work on these fun and functional diaper covers. Knit several for your babies, grandbabies, or as a welcome gift for any mother. Your baby's bottom will thank you.

Cat Bordhi Sock-Along

Instructor: Brooke Higgins
Saturdays,
May 2nd, Jun 6th, Aug 1st, 1:30 – 3:30
Cost: Cost of yarn & New Pathways for

Sock Knitters: Book One
Explore Cat Bordhi's revolutionary new sock construction techniques. Transfer your current sock skills and style to create any of these sock architectures and discover new ways to knit socks. Sock-along with Brooke and other sock fiends.

More Important Stuff

Y & F Bag Lady

Go Green! Use our yarns to create your own shopping bag and we'll give you a Y & F Bag Lady label to attach to your bag. We'll round up to the nearest \$5 increment on your Frequent Buyer Card every time you shop our store with it. We'll help you get closer to free stuff and help the environment at the same time!

Just a reminder...

In addition to here, in the newsletter, the highlights of our class policy are listed on each materials list you receive when you sign up for a class. Full payment is required for all classes at the time of registration. Our classes fill up and we require payment in order to secure a spot. Without exception, cancellations must be made at least 7 days prior to a class in order to receive a refund for store credit. See below for additional policies. Thanks for your understanding!

Class Policies

Full payment is required when registering for all classes in order to reserve a spot. We will only accept cancellations up to 7 days prior to class for a refund in the form of a store credit. Refunds will only be given in store credit.

Sign up sheets for all classes are in binders at the shop. You may register by phone or in person. If you register by phone, a credit card must be used immediately to reserve your space in the class.

Cancellations based on attendance are up to the discretion of the teacher. If possible, we will try to reschedule and we will notify you as soon as we are aware. Store credit will be given if necessary.

Each class has a required materials list, available when you register for the class. Patterns, books and materials are not included in the cost of the class unless otherwise stated.

If there's a class or technique you'd like offered that is not in our newsletter, please let us know. We will do our best to accommodate your needs.

A 10% discount will be given to registered students who purchase materials for a specific class. Bring your requirements list to receive the discount.

All information in this newsletter is believed to be accurate. Classes may change without notice. Please call 513-755-0155 with any questions.

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